

NEWSNOTES

Women of Chapel host Bible Study

The Fort Dix Women of the Chapel will host a welcome coffee for their fall Bible Study Program Sept. 5 at 7 p.m. at the Main Chapel. Regular sessions will begin Tuesday, Sept. 12, from 9:30 to 11:30 a.m. For more information, call Eloise Deas, 609-893-9716.

Urban Assault Course named in honor of local Soldier

Fort Dix will honor a local hero, Spc. Ryan T. Baker, in a memorialization ceremony Aug. 15 at 10 a.m. on Range 59F.

Baker, whose family still resides in Browns Mills, was killed November 15, 2003, when his helicopter was struck by hostile fire while flying over an attack scene and crash landed on a nearby building rooftop in Mosul, Iraq. He was assigned to Alpha Company, 4th Battalion, 101st Aviation Regiment, 101st Airborne Division, Fort Campbell, Kentucky.

The Urban Assault Course on Range 59 will be named in his honor.

Bus transportation to the ceremony will leave from Building 5165 Maryland Avenue at 9 a.m.

ACS to host Army Family Team Building training

Army Community Service will host Army Family Team Building Instructor Training Aug. 30-31 from 8:30 a.m. to 5 p.m. in Bldg. 5201 Maryland Avenue.

Attendees will:

- become more effective instructors
- improve public-speaking skills
- develop self-esteem and confidence

• receive certification as an AFTB instructor

The training is open to all military personnel, family members and civilians. To register call Fran Booth at 562-3930 or send e-mail to frances.booth@dix.army.mil no later than Aug. 14.

305th Medical to host Health Care Focus Group

The 305th Medical Group (MDG) will conduct a Health Care Focus Group Aug. 23 at 2 p.m. in the Edwards Resource Center, located on the 2nd floor of the 305th MDG.

The Focus group will provide information for parents of school-age children who are enrolled to the 305th MDG. Topics to be discussed are School Sports Physicals, Coping with Childhood Stressors, Children Immunizations, the Choking Game, TRICARE for College Bound student, Preventative Health, and Children Safety.

If you have any questions call 723-9376/9752.

American Red Cross looking for volunteers

The McGuire/Fort Dix station of the American Red Cross is looking for volunteers to help out in the office. Applicants should have clerical skills and be computer-literate. Call 562-2258 if interested or for more information.

Basic Training for Small Business coming to ACS

Army Community Service will host Basic Training for Small Business Sept. 26 from 5:30 to 7:30 p.m. in Bldg. 5201 Maryland Avenue. To register, call (856) 225-6221 or 562-2186. For directions and access to Fort Dix, call 562-2186.

WEATHER

FRIDAY -- Cloudy and warm high of 82 and overnight low of 58 degrees.

SATURDAY -- Sunny and slightly cooler, with a high of 80 degrees and low of 58.

SUNDAY -- Clear and warm, high of 85 and overnight low of 64 degrees.

MONDAY -- Partly cloudy and hot, with a daytime high of 87 and low of 70 degrees.

Team Dix celebrates!

The weather was ideal, warm and sunny but with very little humidity. Gourmets found delight, too, feasting on a pig roasted to perfection by Club Dix's finest, Brian Strong. And fans of Latino music were in their element as Tito Puente, Jr., filled the air with sounds south of the border.

Organized by Fort Dix's Morale, Welfare and Recreation department and by the Pennsylvania and Southern New Jersey USO, the annual Team Dix Day here proved to be resounding success.

Nobody was happier than George Patterson, an instructor at the NBC course located off Texas Avenue. Patterson walked away with a 42-inch plasma TV, the grand prize in a day marked by games, contests and traditional giveaways of everything from t-shirts to hats and other souvenirs. Patterson said he couldn't wait to watch football on his new set.

Old friends of Team Dix like Ron Bruce dropped by to give a hand and everyone had the chance to socialize under ideal conditions.

Post Commander Col. R. David McNeil greeted everyone to the festivities and walked off with the Team Dix Banner, duly awarded after a raucous version of musical chairs.

Most of all, people had fun.

Staff Sgt. Samuel Gonzalez flexed his muscles, ringing the bell by pounding down on a platform with fierce force with his sledge hammer. Spc. Matt Fisher and Pvt. 1st Class Anthony, Duran, currently mobilizing in A Co. here, enjoyed flying toy airplanes amid pastoral bliss on Doughboy field. Members of the 78th Division's chemical team, the 309th, grabbed their own little picnic table to share food and gossip. And Staff Sgt. Lakeya Rodriguez served as one of the dunking queens, getting drenched by water balloons as customers hit the bull's-eye on a target triggering the wet reception.

It was fun under the Jersey sun.



Ed Mingin

TEAMWORK -- Team Iron Legal, made up of Capt. Fred Inman, Lt. Col. Kurt Mieth and Staff Sgt. Jessica Wilkinson, from left above, put their best foot forward during the Bigfoot Race, one of many activities held at Team Dix Day in John Mann Park Aug. 9. Getting a break from the summer heat is Jim Lyon, Directorate of Morale, Welfare and Recreation, left, who cools off as he becomes the victim of someone with excellent aim at the Balloon Splash game during the Team Dix Day festivities. For more photos highlighting the day's events, see page 4.



Wayne Cook

FEMA hosts joint medical system exercise on post

Carolee Nisbet
Editor

If a hurricane the size of Katrina hit the New Jersey coast, casualties would be inevitable -- and a trio of federal agencies gathered at Fort Dix Aug. 5 to test the team's ability to respond to such a catastrophic event.

The FEMA Region II exercise covered both coordination with military airlift of casualties, simulated by McGuire Air Force Base, and triage of dozens of mock casualties representing the diverse types of injuries left in the aftermath of disaster. They included those who had been notionally trapped without food or water for several days.

The 250-person team included three federal Disaster Medical Assistance Teams and subject matter experts from the Disaster Mortuary and Veterinary Teams.

The Fort Dix deployable medical unit training site on Eighth Avenue became the triage and treatment center, with tents set up to separate patients into red, yellow and green groups based on the severity of their injuries.

As the mock patients were examined

and prepared for notional transfer to main care sites, evaluators moved through the tents to examine the process and suggest improvements, along with noting issues that might be included in future training scenarios.

In contrast to the tent operations, the National Disaster Medical System's (NDMS) new \$1.5 million mobile intensive care unit gleamed on the sideline, offering surgical and complex care capability in a more-familiar stainless steel, climate-controlled environment. The mobile unit is designed to be moved by tractor-trailer to augment capabilities close to disaster sites.

Medical personnel--including physicians, nurses, pharmacists, mental health and emergency medical technicians--at the exercise were primarily Disaster Medical Assistance Teams from New York and New Jersey. The teams of 35 people can deploy within 6-12 hours of callup, and possess equipment, supplies and a pharmacy and are self-sufficient for three days. Nationwide, more than 9,000 intermittent federal employees serve on 102 NDMS teams. The patient evacuation component of NDMS is run by the Department of Defense.



Carolee Nisbet

LUNG LESSONS -- There is no room for error when incubating an ill or injured patient in a crisis situation, and Paul Mikita of New Jersey Disaster Medical Assistance Team 1 practices the process during the FEMA disaster medical response exercise on Fort Dix Aug. 5.

Visit Fort Dix on the Internet at <http://www.dix.army.mil>

the mind field

Why they serve? Pride, patriotism, career top concerns

Steve Snyder
Public Affairs Staff

It was hot here last week but Baghdad was hotter, hitting about 115 degrees.

Soldiers and Marines patrolled the cities and highways of Iraq dressed in Kevlar helmets; thick, camouflaged uniforms; flak jackets, wearing "sappy" plates on their backs and chests to help ward off AK-47 fire; and donned everything from crotch protectors to knee and elbow pads before picking up their weapons, ammo, water supply, rations, medical kits, radios and other electronic gear.

Soldiers carry around an extra 75 pounds of equipment; then, not counting those assigned to lug around crew-served weapons such as

machine guns, mortars, and automatic grenade launchers.

Riding in military vehicles without air conditioning does not resemble sleeping on the sun deck amid a cruise sponsored by Club Med, either. For security reasons, windows don't roll down. The effect is sort of like taking a sauna bath, only you've got a lot of heavy clothes on.

And according to reports from the press office at the Multi-National Force base in Baghdad, Soldiers report that they can't take showers during the day (even if they had the time) because the solar-heated water burns the skin. Any water they spill on the ground evaporates immediately and their boots even melt into the soft asphalt highways turned into putty by the searing sun.

So what kind of hardy breed of volunteers joins and serves in the

the military these days and why?

Answers to that question were thoroughly examined in a superb series of personal profiles that have appeared in news releases during the last few years from the American Forces Information Series under the title of *Why I Serve*, with snippets preserved below. They go a long way in explaining where military and DoD civilians "are coming from," to revive a typically fatuous 1960s cliché.

Readers can take comfort in the quality of the people defending our country today. They believe in America, take pride in themselves, and don't cringe before enemies or hardships.

Maybe the Greatest Generation should get ready to move over.



photo by Lance Cpl. Lucian Friel, USMC

GUNG HO — Marine Cpl. Jonnah Gonzalez prepares to fire the 40 mm multiple grenade launcher during a training exercise with the 8th Marine Regiment at Camp Lejeune, N.C. In 2001 the 22-year-old left college to enlist in the Marines. "I wasn't feeling college, and it was hard to balance school and work. So I made a conscious decision to serve my country," he says. The machine-gunner went with his regiment's 2nd Battalion to Iraq in 2003 where he "was involved in the battle for An Nasiriyah" and in helping deliver food and water to the Iraqi people in humanitarian missions. "The Corps has helped me realize who I am today and who I'm going to be," he says.



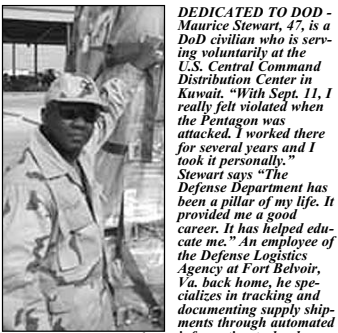
photo by Sgt. Mark Albright

FRUSTRATED SOLDIER — Army Reserve Sgt. 1st Class Tommy Melson, 4003rd Garrison Support Unit out of Fort Hood, Texas, was a college graduate and insurance executive who just couldn't get the Army out of his system. The native of Manchester, Ga., served as an information technology specialist when stationed in Heidelberg, Germany, at 5th Corps headquarters before joining the Active Guard and Reserve (AGR) program because "I was shooting for a career."



photo by Cpl. Adam C. Schnell, USA

COMBAT LIFESAVER — Navy Petty Officer 3rd Class Shandon E. Torres, left, senior corpsman of Weapons Co., 3rd Bn., 8th Marine Regiment, helps a Marine get bloody for the combat lifesaver course at Onslow Beach, Camp Lejeune, N.C. The native of Roosevelt, Utah, teaches Marines the basics of treating wounds in combat. "I love Marines' mentality to excel at everything they do," explained Torres. "It's the same mentality I have, and it makes it easier to teach them." Hoahh!



courtesy photo

DEDICATED TO DOD — Maurice Stewart, 47, is a DoD civilian who is serving voluntarily at the U.S. Central Command Distribution Center in Kuwait. "With Sept. 11, I really felt violated when the Pentagon was attacked. I worked there for several years and I took it personally." Stewart says "The Defense Department has been a pillar of my life. It provided me a good career. It has helped educate me." An employee of the Defense Logistics Agency at Fort Belvoir, Va. back home, he specializes in tracking and documenting supply shipments through automated information technology.



U.S. Army photo by Sgt. Dan Purcell

JACK OF ALL TRADES — Spc. Nicole Bellows, supply specialist with HQ Co., Division Support Command, 1st Cavalry Division, currently deployed to Camp Taji in Baghdad, replaces the barrel of a crew-served M-240 Bravo machine gun. Bellows serves as her unit's armorer, mail clerk and supply specialist in addition to helping out in mortuary affairs, a specialty she hopes to major in when she goes to college. The native of Euclaire, Wis., joined the Army at age 17 and has added dimensions to good-natured applications of the "can do" spirit by serving with a smile.



photo by Sgt. Dan Purcell, USA

MAN OF MANY TONGUES — Spc. Ahmad Mohamad, a combat medic with the 2nd Bn., 12th Cavalry Regiment, 2nd Brigade Combat Team, 1st Cavalry Division, on the right above, uses his language skills to interpret a local sheik's concerns to the battalion's civil military operations liaison officer in Baghdad. The 29-year-old Soldier has a Palestinian father, Puerto Rican mother, and a diploma from a medical college in Mexico. He puts his background to good work, working as a medic at Camp Hawk along with serving as liaison between his command, local sheiks and the media. He speaks their language!



photo by Sgt. Scott Griffin, USA

NOSE FOR NEWS — Air Force Staff Sgt. Jacqueline Borrero is an information manager in the public affairs office of Joint Task Force Guantanamo in Cuba. The Los Angeles native appreciates the chance to further her education in the Air Force, currently being just 11 credits short of obtaining an associate's degree from the Community College of the Air Force. After that it's on to a bachelor's degree for the ambitious mother of a 2-year-old who's married to an airman stationed stateside. Aside from "The dirt, the heat, and all the guys," GITMO's not bad, in her view.



photo by Master Sgt. Jack Gordon, USA

LONG MEMORIES — Army Sgt. Jack Cormack of the 362nd Military Police Battalion from Ashley, Pa., uses a speed gun to nab speeders near Balad, Iraq. Cormack dates his Army service back to 1971. "I look back on that period as the Army's darkest days - the public wasn't behind the army like it is today," he recalls. Today, the sergeant patrols the perimeter of the Logistics Support Area Anaconda daily. Anaconda is a hub for distribution of material and supplies in Iraq and houses 23,000 Soldiers, not the least of them Sgt. Jack Cormack, an old pro with a steady trigger finger.



photo by Sgt. 1st Class Doug Sample, USA

PROPULSION CHIEF — Coast Guard Petty Officer 1st Class David Forest is the main propulsion chief on the cutter Tampa, based at Portsmouth, Va. "I like being a mechanic and I like being around water," admits the 17-year veteran and native of Poquoson, Va. "It's important that we keep everything running."

COMMAND VIEW — Brig. Gen. Jim Chambers, commander of the 13th Corps Support Command out of Fort Hood, Texas, is a 27-year Army veteran who "started out as a private from Oklahoma" and still believes good Soldiers "just have to have desire, be goal-oriented, love what you do and take every job and mission as an adventure. Leave every place better than you found it." The general advises troops to "work hard, lean on your faith, maintain your values and things will be OK."



U.S. Army photo

the Post

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Soldiers conquer digital training



Wayne Cook

1st Brigade, 78th Training Support Division completed a 120 hour Microsoft course that included Microsoft Server 2003, SQL Server and Share Point August 4. The course was initiated in response to the 1st Brigade's requirement to have Soldiers plan, deploy and manage digital exercises and the Army Battle Command Systems, which support the training of mobilized units. The training was a collaborative effort between the 1st Brigade's S6 Digital Team and Burlington County College. Those who completed the course were: kneeling, l-r, Pfc. Anthony Beander, Sgt. William Campisnao, Sgt. Thomas Desmond (not present), Master Sgt. Robert Fortune, and Master Sgt. Philip Hamilton. Sitting - Capt. Christian LeRouzie, Staff Sgt. Norman Lucas, Staff Sgt. Harry McFadden, Sgt. 1st Class Fountain Parrish, Master Sgt. Amilcar Rodriguez, and Sgt. 1st Class Edgardo Rodriguez. Standing - Sgt. 1st Class Steven Schnepf, Lt. Col. Randy Schwartz, Sgt. 1st Class David Tinney, Sgt. 1st Class Phillip Watson, and Lt. Col. John Yavor.

Sole POW promoted to SSG

ARLINGTON (Army News Service, Aug. 9, 2006) - Sgt. Keith "Matt" Maupin, the only Soldier listed as captured in Iraq, was promoted to staff sergeant Aug. 3.

This is Maupin's third promotion since he was captured as a private first class on April 9, 2004, when his convoy was

attacked near Baghdad by enemy forces with rocket propelled grenades and small arms fire.

"This will keep Staff Sgt. Maupin in line with his peers so that when he returns he'll have some catching up to do as far as proper schooling goes, but at least he'll have the rank of his peers, who are now part of the NCO corps," said Maj. Ann-

marie Daneker, 88th Regional Readiness Command Public Affairs Office.

Missing after the attack, Maupin was immediately placed in an accountability status referred to as "Duty Status: Whereabouts Unknown." His status was later changed to "Missing-Captured."

Maupin is a member of the 724th Transportation Company

from Bartonville, Ill., but assigned to the 88th RRC for the deployment.

Maupin was on a convoy in Iraq when he became unaccounted for during an enemy attack.

A member of the 724th Transportation Company from Bartonville, Ill., he was subsequently placed in a "Duty Status: Whereabouts Unknown" status April 9, 2004. On April 16, 2004, his status was changed to "Missing-Captured."

Maupin remains entitled to rights and privileges for pay and promotions as long as he remains on active-duty status. His basic monthly pay continues to go into an account Maupin set up before deploying.

In an Army statement announcing Maupin's promotion, officials cited the Warrior Ethos, "I will never leave a fallen comrade," adding that the Army remains committed to finding Maupin.

"We have faith that he is following the Soldiers Creed and staying true to Army values," said Daneker. "We hope for him to return soon. We'd like to put him back with his family."

**Wondering
about
the weather?**

Stay tuned to
WDIX Channel 2
for the latest
updates on
weather and
activities on
Fort Dix

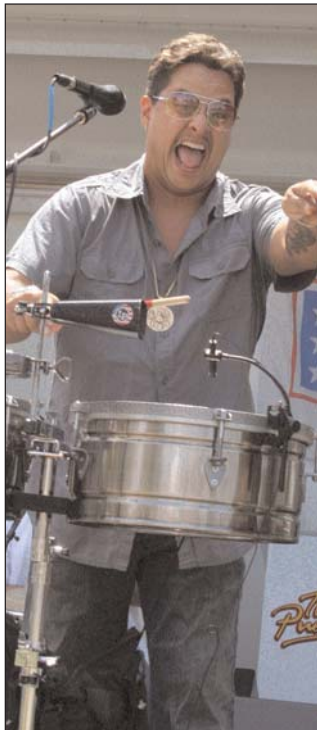
Police Log

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huber-moore funeral
home
moved from page 4



Time to celebrate TEAM DIX



photos by Ed Mingin

Musical entertainment was provided by the Latin beat of Tito Puente Jr. and his orchestra.



Carolee Nisbet

Lt. Col. Rick Edler, directorate of contracting, Bob Lichneger, deputy installation commander, Fort Dix Commander Col. Dave McNeil, Command Sgt. Maj. Ken Davidson, and Henry Melon-Lopez do battle during a game of musical chairs. In the end, Col. McNeil was the last man standing, or sitting, as he was victorious, above. At right, the food line was as long as the food choices were plentiful.



Steve Snyder

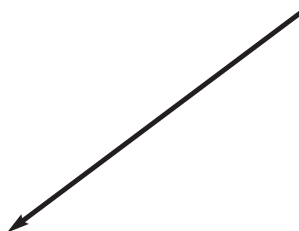


Honorary Commanders Dorothy Donnelly, U.S. Attorney's Office; Nelson Gaetner, Smith-Barry; Bob Maguire, Civilian Aide to the Secretary of the Army for New Jersey and veteran honorary commander Norm Harkins, AUSA, are sworn in for 2006-7 by Col. Dave McNeil, installation commander.



There was plenty of food on hand for Team Dix Day. Stephen Wilkes, of Youth Sports, shares some cotton candy with his girlfriend Annaleigh Bear-Robe.

Huber funeral home ad
moved to page 3



NEIGHBORHOOD

THE CORNER

ACS to host seminar on challenging toddlers

The Family Advocacy Program is hosting "Dealing With Challenging Toddler Behavior" at Army Community Service, Bldg. 5201 Maryland Avenue.

The seminar is titled "Bedtime Concerns" and runs from 6-8 p.m. Aug. 15.

Childcare is available, but parents must pre-register their children at Child and Youth Services, 5203 Maryland Avenue.

Call Deraurah Wilson at 562-4830 for more information.

Kids Music Camp coming to McGuire

Centerfield Music and Studio 31 are sponsoring a free Kids Music Camp Aug. 16-18 in McGuire Air Force Base's Chapel 2, Falcon Courts North.

Camp will be held each day from 4:45 to 7:45 p.m. and will include dinner, music education, guest music clinicians, musical crafts, instrument demos, lessons on "Learning to use your gifts and talents for God," contests, and more.

Space is limited. Learn how to register kids in grades K-4/K5 through 8 by visiting www.305mcguirechapel.com.

Lunch and Learn series coming to CDC

The Family Advocacy Program is hosting a Lunch and Learn series at the Child Development Center, 5523 Nashville and Tennessee Avenues.

Seminars run from 11:30 a.m.-12:30 p.m. and include:

● Are You a "Good" Parent? - Aug. 17

● The Power of Play - Aug. 24
Call Deraurah Wilson for more information and to register. And don't forget to bring your lunch!

Support groups for kids held at Walton Towers

Army Community Service Soldier and Family Life Consultants have begun support groups for children, preteens and teens. The groups will be held in the Walton Towers, JRC, Bldg 5250, New Jersey Avenue. There are three groups:

● Children, ages 5-10, will meet Tuesday mornings from 10 a.m. to noon.

● Preteens, ages 11-13, will meet Thursday mornings from 10 a.m. to noon.

● Teens, ages 14-17, will meet Thursday afternoons from 1-3 p.m.
Please call Midge Schuck at 649-2522 or 562-6715 to enroll your child/children or for further information.

Cool off with caution in backyard pools

The Directorate of Public Safety, in conjunction with the Fort Dix Housing Office, reminds all installation residents to cool off with caution this summer when using back yard swimming pools.

Housing regulations lay out in detail the safeguards that must be in place before the splashing begins for the post's kids.

Pools must be wading pools only, with water no deeper than 12 inches.

Adult supervision is required whenever a pool is in use. While a foot of water doesn't seem to pose a great hazard for kids, communities nationwide see tragic and needless drownings every summer as a result of unsupervised pool use by young children.

All backyard pools must be emptied when not in use. Covering the pool is not sufficient to meet this standard.

This requirement is in place not only to prevent accidental drownings. Eliminating standing water is a major factor in reducing breeding grounds for mosquitoes that may carry West Nile Virus.

Additional copies of the housing regulations may be picked up at the Housing Office, Bldg. 5212.

Read The Post!

Dunkin Donuts delights Dixans

Dunkin Donuts opened Aug. 9 in the Fort Dix Shoppette. The crowd that had gathered for the store's 11 a.m. opening waited with anticipation as the new franchise was blessed by Suresh Mandanka (not pictured), a volunteer from BAPS Swaminarayan Temple. Dunkin Donuts will fill the gap that was left when Smalley's Donut Shop closed its doors.



Sgt. James McKinney, 727th Military Police Detachment, New York National Guard, above right, becomes the first customer at the new Dunkin Donuts as he hands his money to Bhavin Patel, store manager. This first sale followed a ribbon cutting by, from left in photo at left, Peter Thiene, AAFES general manager, Steve Whitmore, operations officer for the Directorate of Public Works, and Bharat Patel, Dunkin Donuts franchisee. Adding to the festive atmosphere is Corey Holzman, Dunkin Donuts employee, right.

photos by Shawn Morris



AAFES delivers back-to-school savings

DALLAS, Army News Service, July 31, 2006 - Parents of school-age children are expected to shell out an average of \$527 this summer on back-to-school items, up from last year's average of \$444, according to a recent National Retail Federation study.

Parents in the handful of states that offer select "tax holidays" are often forced to fight crowds of last-minute shoppers or resort to driving all over town to find the best deals on clothes, office supplies, shoes and sporting goods.

Military families are entitled to tax-free shopping every day of the year at their BX/PX. In addition to forgoing sales tax, authorized Army and Air Force Exchange Service customers enjoy competitively low prices that average more than 20 percent less than comparable retailers.

"All of the tools we employ to position the BX/PX as a price leader are designed to reinforce that AAFES

saves military families money every day," said AAFES Senior Enlisted Advisor Chief Master Sgt. Bryan Eaton.

"The tax relief the military community enjoys 365 days a year is an inherent part of the exchange benefit troops have come to depend on," he added.

Should AAFES not offer the lowest price on an item, the BX/PX will match competitors' current, local price on any identical stock assortment.

In addition to this same-day pledge, AAFES also offers a 30-day price guarantee on any item originally purchased from AAFES and subsequently sold at

a lower price by AAFES or another local competitor, excluding unauthorized dealers and warehouse clubs.

"While most PX/BXs can't accommodate the millions of school supplies on the market, the Exchange Online Store and Exchange Online Mall help ensure AAFES always has the right products at the right prices," said Eaton.

"Summer, fall, winter or spring, the extensive selection of back-to-school options available is just another example of AAFES' commitment to deliver year-round value and support to every member of the military family," he added.

Beyond 148 "brick and mortar" exchanges scattered throughout the globe, AAFES' 11.5 million authorized customers can choose from an array of affordable, tax-free items through the Exchange Online Store at www.aafes.com.

Open 24 hours a day, seven days a week, this virtual exchange offers such back-to-school basics as school uniforms by Cherokee, electronics and athletic gear.

Thousands of additional products discounted up to 15 percent are also available at the Exchange Online Mall. Authorized customers need only to log on to www.aafes.com and go into the "Shop Your Online Mall" section to access more than 4,000 uniform fashions and accessories from French Toast; 100,000 pairs of comfort, walking, dress and casual footwear from Peltz Shoes; as well as a full selection of sports and fitness products from eSportsonline, just to name a few.

Safety key as kids gear up for school

You remembered to get your kids pencils, paper, clothes and shoes for the start of the school year. Did you remember to talk to them about school bus safety?

As Fort Dix Elementary and other Pemberton Township schools open for classes in early September, there are a few tips to keep your children safe in their daily trip to the classroom.

Before they even head out the door make sure all the supplies, like lunch and books, are in a backpack or school bag, so they won't drop things on the way the bus stop. If possible have them wear bright colored clothes or contrasting colors that can be seen easily by drivers. Teach your children to tighten drawstrings and secure any items that could get caught in the handrail or door of the bus.

Go to the bus stop with young children, but leave pre-school youngsters and pets at home, as they can be in danger near traffic. Have older kids walk as groups to the pick up point for the school bus. Besides safety in numbers, drivers can see a group easier than a lone child.

If there are no sidewalks, tell them to stay as close to the edge of the road walking in single file facing the traffic. They should look to their left, then right, and then left again before they cross any streets.

Once they get to the bus stop, this is



not the place for playing games or running, since they are close to traffic. The kids should be five giant steps or about ten feet from the edge while they wait for the bus. At this distance the children

can easily see the bus while the driver can see the kids.

If they must across a street to get on or off a bus, they should be those five giant steps in front of the nose of the

big yellow bus so the driver can see them. Being seen is very important and that is way students should never stop to pick anything up off the ground around the bus. If they drop something, they should tell the driver and follow driver's instructions.

That driver is responsible for the safe transport of the students, and even though most of the drivers don't get rattled by much, pupils should be courteous and well behaved while on the bus. The driver needs to pay attention to the road, not whether a youngster is trying to stick gum in another kid's hair.

On the way home children should look to the right when stepping off the bus, to make sure no drivers are trying to sneak pass the bus on the right side. Then the kids should follow the safety instructions of walking to the bus stop on the way home. It might be hard for some to keep in the relief at the end of a school day, but that energy is better in the backyard, then in the streets or sidewalks on the way to home.

If you meet your child as they get off the bus, wait on the side of the road where the child will be dropped off. Sometimes kids can get so excited that they dash across the street and forget all the school bus safety rules.

Visit www.nhtsa.dot.gov/kids/bussafety/ for more information on school bus safety and general back to school safety tips.

Preparedness best defense against pandemic

(Part two of a three-part series on a major health threat.)

What Is an Influenza Pandemic?

A pandemic is a global disease outbreak. An influenza pandemic occurs when a new influenza A virus emerges for which there is little or no immunity in the human population, begins to cause serious illness and then spreads easily person-to-person worldwide.

Historically, the 20th century saw 3 pandemics of influenza:

- The 1918 influenza pandemic caused at least 675,000 U.S. deaths and up to 50 million deaths worldwide. Hundreds of Soldiers at Camp Dix were infected and 90 died.

- The 1957 influenza pandemic caused at least 70,000 U.S. deaths and 1-2 million deaths worldwide.

- The 1968 influenza pandemic caused about 34,000 U.S. deaths and 700,000 deaths worldwide

What are the characteristics and challenges of a pandemic?

A pandemic disease spreads worldwide with rapid speed. Why? When a pandemic influenza virus emerges, its global spread is considered inevitable.

Preparedness activities should assume that the entire world population would be susceptible. Countries might, through measures such as border closures and travel restrictions, delay arrival of the virus, but cannot stop it.

Medical personnel expect health care systems to be overloaded.

Most people have little or no immunity to a pandemic virus. Infection and illness rates soar. A substantial percentage of the world's population will require some form of medical care.

Most nations are unlikely to have the staff, facilities, equipment and hos-

pital beds needed to cope with large numbers of people who suddenly fall ill.

Death rates are high, largely determined by four factors: the number of people who become infected, the viru-

When a pandemic influenza virus emerges, its global spread is considered inevitable. Preparedness activities should assume that the entire world population would be susceptible.

lence of the virus, the underlying characteristics and vulnerability of affected populations and the effectiveness of preventive measures.

Past pandemics have spread globally in two and sometimes three waves.

Medical Supplies will probably be

inadequate to cope with the huge demand.

The need for vaccine is likely to outstrip supply. The need for antiviral drugs is also likely to be inadequate early in a pandemic.

A pandemic can create a shortage of hospital beds, ventilators and other supplies. Surge capacity at non-traditional sites such as schools may be created to cope with demand.

Difficult decisions will need to be made regarding who gets antiviral drugs and vaccines.

Economic and social disruption

are traditional results of pandemics. Travel bans, closings of schools and businesses and cancellations of events could have major impact on communities and citizens.

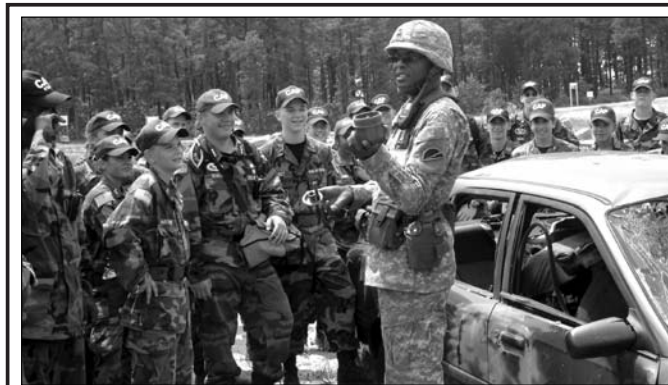
Care for sick family members and fear of exposure can result in signif-

icant worker absenteeism. People fearing that they have been exposed - what the medical profession calls the "worried well" - add to the overwhelming health care load.

Communications and information are critical components of pandemic response.

Education and outreach are critical to preparing for a pandemic. Understanding what a pandemic is, what needs to be done at all levels to prepare for pandemic influenza, and what could happen during a pandemic helps us make informed decisions both as individuals and as a nation. Should a pandemic occur the public must be able to depend on its government to provide scientifically sound public health information quickly, openly and dependably.

Information for this article was taken from www.pandemicflu.gov.



Lisa Van Clief, Civil Air Patrol PAO

Cadets, 78th Division team for training

Master Sgt. John Thomas, 2/309th, 78th Division, conducts training for United States Air Force Auxiliary - Civil Air Patrol cadets. CAP recently completed its annual basic encampment for its cadets (aged 12-18 years). Each year, the CAP's week-long basic encampment is held at both Fort Dix and McGuire Air Force Base. The cadets not only learn about what Civil Air Patrol can do for them, but what the military can do for those who are interested in serving their country.

Conservation key during dog days

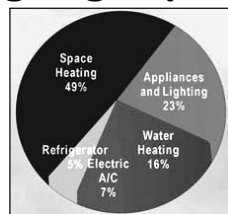
Due to the region's continuing hot, humid weather, PJM Interconnection, the electric grid operator in the region, is asking customers to conserve electricity, particularly between 3 p.m. and 7 p.m., when demand is expected to be the highest. Jersey Central Power & Light (JCP&L) offers the following tips to help customers reduce their electricity usage:

- Set air conditioning thermostats higher than usual, if health permits.

- Postpone the use of major appliances, such as electric dryers, ranges, washing machines and dehumidifiers until cooler evening hours.

- Close curtains and blinds to keep out the sun and retain cooler air inside homes.

- Turn off electric appliances and equipment that you do not need or are not using.



How Energy is used in the Home

For more energy-saving tips, visit www.firstenergycorp.com, for a copy of our free booklet, The Energy Decision Maker: Your Guide to Energy Management.

JCP&L is a subsidiary of FirstEnergy Corp. and serves 1.1 million customers in 13 counties in northern and central New Jersey.

Read The Post!



Chaplains' Corner

Capt. James B. Collins
chaplain candidate

God loves His creation. God created everything out of nothing. He created because of what He is — love.

"And God saw everything that He had made, and behold, it was very good." (Gen 1:31) Man is His most prized creation because the human being is made in His divine image and likeness.

We are not like other created things; we are special because of our eternal soul, with an intellect and will. Unlike any other creature, we are invited to share in the life of God.

Because of our special status, we have been given the earth and all the plants and animals to be stewards and protectors of the beauty of God's creation.

However, today some go too far and choose things of the earth over the human person. We must always be vigilant that as human beings created by God, we should protect and defend all human life. Our most important duty in protect-

ing God's creation is the protection of the dignity of the human person.

Our life is a gift from God, a reflection of God's love and beauty. While we travel about the world, even if it's just a walk around our own block, we should enjoy and glorify God as we spend time in nature and with each other.

Stop for a moment the next time you see a beautiful summer sunset or a bright full moon on a clear winter night. Spend a moment as you pass a tree in the fall with its leaves ablaze in autumnal splendor. Watch and enjoy the squirrels at play, or listen to the cheerful song of a small sparrow. Especially, see the image and glory of God in a newborn baby's face.

"Because creation comes forth from God's goodness, it shares in that goodness... for God willed creation as a gift addressed to man, an inheritance destined for and entrusted to him." (Catechism of the Catholic Church #299)

We should thank God every day for His special gift of creation. Where would we be without it?

PUBLIC NOTICE OF AVAILABILITY ENVIRONMENTAL ASSESSMENT AND DRAFT FINDING OF NO SIGNIFICANT IMPACT FOR THE BRAC-05 REALIGNMENT AT FORT DIX, NEW JERSEY

Pursuant to the Council on Environmental Quality regulations for implementing the procedural provisions of the National Environmental Policy Act (40 CFR 1500), and 32 CFR 651 Environmental Analysis of Army Actions, Fort Dix, New Jersey, conducted an Environmental Assessment (EA) of the potential environmental and socioeconomic effects associated with implementing the Defense Base Closure and Realignment (BRAC) Commission recommendations at Fort Dix. The EA evaluated the potential environmental impacts associated with the construction and operation of five new facilities required to implement the BRAC recommendations. These facilities included in the proposed action analyzed in the EA include:

- Army Reserve Center (ARC) for the 99th Regional Readiness Command and a combined headquarters for the 78th Division and the 77th Regional Readiness Command.
- Aviation Support Facility for the 244th Aviation Brigade and Company A/228th Aviation
- Physical Fitness Facility to replace the current facility that is inadequate to support incoming personnel.
- Child Development Center (CDC) and School Age Services (SAS) Complex to support additional permanent party personnel dependents.
- Organization Maintenance Shop (OMS) Facility and Additional Parking Area to support the increased mobilization/demobilization maintenance requirements resulting from the designation of Fort Dix as a Joint Pre-Deployment/Mobilization Site.

The EA and Draft Finding of No Significant Impact (FNSI) will undergo a 30-day public comment period, from the date of this publication. This is in accordance with requirements specified in 32 CFR Part 651.14 Environmental Analysis of Army Actions. Throughout this process, the public may obtain information and/or submit written comments on the proposed action and the EA through Carolee Nisbet. For additional information, call Nisbet at 562-4034. Nisbet's mailing address is:

U.S. Army Fort Dix
Public Affairs Office, Director
ATTN: IME-DIX-PA
Bldg. 5165, Maryland Avenue
Fort Dix, New Jersey 08640-5501
Phone: 609.562.4035
e-mail: carolee.nisbet@dix.army.mil

The EA is available for review on the World Wide Web at:

http://www.hqda.army.mil/acsim/brac/env_ea_review.htm

and at the following libraries:

Burlington County Headquarters Library
5 Pioneer Boulevard
West Hampton, New Jersey 08060

Ocean County Library
Toms River Branch (Headquarters)
101 Washington Street
Toms River, New Jersey 08753

Burlington County Community College Library
Pemberton Browns Mills Road
Pemberton, New Jersey 08068



Announcements



Movie Schedule at the McGuire AFB Theatre Movie Hotline 754-5139

Friday, August 11 @ 7:30 p.m.

The Devil Wears Prada - Cast: Meryl Streep, Anne Hathaway, Adrian Grenier - Andy is a recent college graduate with big dreams. Upon landing a job at prestigious Runway magazine, she finds herself the assistant to diabolical Miranda Priestly. Andy questions her ability to survive her grim tour as Miranda's whipping girl without getting scorched. Based on the novel by Lauren Weisberger.

MPAA Rating: PG-13 - some sensuality
Run Time: 1 hr. 46 min.

Saturday, August 12 @ 7:30 p.m.

Pirates of the Caribbean - Dead Man's Chest - Johnny Depp, Orlando Bloom, Keira Knightley - When ghostly pirate Davey Jones (Billy Nighy) comes to collect a blood debt, Capt. Jack Sparrow (Johnny Depp) must find a way to avoid his fate lest his soul be damned for all time. Nevertheless, the wily pirate manages to interrupt the wedding plans of Jack's friends Will Turner (Orlando Bloom) and Elizabeth Swann (Keira Knightley).

MPAA Rating: PG-13 - intense sequences of adventure violence, including frightening images
Run Time: 2 hr. 30 min.

Future Features...

Little Man

Friday, August 18 @ 7:30 p.m.
PG - 13, 97 min.

You, Me and Dupree

Saturday, August 19 @ 7:30 p.m.
PG - 13, 108 min.

Main Chapel

562-5791/562-2020
Sunday services

Protestant at 9 a.m.

Catholic Mass at 10:15 a.m. Gospel at 11:30 a.m.

Catholic CCD is held at 9:15 a.m.

Protestant-Gospel Sunday School at 10:15 a.m.

Religious Services Islamic Prayer Services

**Saturday,
Aug. 19**

YARD SALES

1556 A Dogwood

Any resident in housing must register for a Yard Sale permit at the Youth Center at 1279 Locust Street. The permit cost \$5 and are free to members of Club Dix or the Fountain Green Golf Course. The permit must be posted outside your quarters, but no other signs may be placed in housing area. Call 562-5061 for more information. **Deadline to register for August 26 sale is August 18.**

Youth Center

**Bldg. 1279 Locust Street
562-5061**

Hours of Operation:
Tuesday - Friday 2 to 7 p.m.
Saturday 1 to 7 p.m.
Sunday & Monday CLOSED

Administrative Hours:
Tuesday - Friday noon to 6 p.m.

August Schedule

August 11
Resistance Exercise
4 - 5 p.m.

August 12
TEEN CENTER
Spades Tournament
8 - 9 p.m.

August 15
Self-directed Activities

August 16
Kickball - Gym
4 - 5 p.m.

August 17
Volley Ball - Gym
4 - 5 p.m.

Note: The Teen Center is open Fridays and Saturdays from 7 to 11 p.m. except during the Youth Center's Midnight Basketball nights.

held at noon, Monday through Thursday - Room 24
Adult Bible Study
Wednesdays at 7 p.m.
Catholic Adult Bible Study - Sundays at 11:30 a.m.
Christian Women of the Chapel
hold a Bible Study - Tuesdays, 9:30 a.m. to noon

Jewish Services

Shabbat held every first and third Friday evening at 6 p.m. followed by KIDDUSH Fellowship

Chapel 5 (Bldg. 5950) 562-4847

Memorial Prayer Service for Our Soldiers
5:45 p.m. each Sunday
Computer Room: Mon. - Fri.
9 a.m. - noon / 2-4 p.m. and 5-8 p.m.
Infant Baptism and Lutheran Confirmation
Instruction by appointment

Organizations

Black History committee

The Fort Dix Black History Observance Committee is looking for volunteers to help with annual celebrations. Call Veverly Wakefield at 562-4036 for more information.

Parents Anonymous

A community based self-help group which creates a setting in which parents' help each other develop methods of coping with stress and learn alternative methods of discipline. Our group is led by volunteer professionals but are actually run by parent leaders from our community. Childcare is available to all participating families. The group meets every Tuesday evening from 7 - 9 p.m. in Lumberton, NJ. Please call 609-265-8838 for more information.

Playgroups for age 4 and under

Are you interested in forming a free playgroup for children 4 years and under? We have the ideal place to hold weekly meetings in our child care room in the Fort Dix Child and Youth Services Central Enrollment Registry building 5203 Maryland Ave. Parents need to come with their children to play with them and share experiences and ideas with other parents. This is a great time to allow your child and yourself some social interaction. If interested, please call 562-2242/4702.

Committee for Native American Heritage

Team Dix is looking for volunteers of Native American descent to be a part of a committee for the 2003 Native American-Alaskan Native Heritage Month in November. Contact Toni at 562-5085. toni.tomasello@dix.army.mil for details.

County WIC Program Available

Women, Infants and Children (WIC) is a federally funded supplemental nutrition program for pregnant and breastfeeding women, infants and children under the age of 5. Eligibility for the program is based on an income and nutritional or medical risk. WIC can provide infants with iron-fortified infant formula, cereal and juice. Children and women receive milk, cheese, eggs, cereal, juice, peanut butter or beans. Women who breastfeed and do not use any infant formula may also receive carrots and tuna.

The Burlington County WIC Program has clinics throughout the county. Evening appointments are available. To learn more about the program call WIC at 267-4303

Army Community Service Events

**Bldg. 5201 Maryland Ave.
(609) 562- 2767**

August 14

Play Group Parents/Children
18 months - 3 years/McGuire AFB CDC
call for times

August 15

Toddler Behavior/Bedtime Routine
6 - 8 p.m.

August 16

Play Group Parent/Children
Birth - 18 months/McGuire AFB CDC

August 17

EFMP Support Focus Group
10:30 a.m. - 12:30 p.m.
Are You A "Good" Parent?
Fort Dix CDC
11:30 a.m. - 12:30 p.m.

August 17

When Love Turns Danderous (for teenagers)
7 p.m. - 8 p.m.
Fort Dix Youth Center

MOBILIZATION NEW YOU CAN USE

WDIX
Commander's
Channel 2

WDIX
Commander's
Channel 2

Post Shuttle Bus

562-5888
Monday to Sunday -- 7 a.m. to 10 p.m.
During the day, *Starr Tour* buses are used, in evening the military *Bluebird* buses are run.

Dix Shoppette/Class Six/ Gas Station

723-0044
Bldg. 5359, Texas Ave.
Monday to Friday - 6 a.m. to 10 p.m.
Weekends - 7 a.m. to 10 p.m.

BX/PX & Mall

723-6100
Monday to Thursday - 10 a.m. to 8 p.m.
Friday and Saturday - 8:30 a.m. to 8 p.m.
Sunday - 10 a.m. to 6 p.m.

Commissary

734-4154
Monday to Friday - 7 a.m. (early bird) to 8 p.m.
Saturday - 9 a.m. to 8 p.m.
Sunday - 10 a.m. to 7 p.m.

Military Clothing/Stores/ Alterations

723-2307
Bldg. 5601, Texas Ave.
Monday to Saturday 10 a.m. to 5:30 p.m.
Sunday - Closed.

Club Dix

723-3272
Dix Cafe
Tuesday to Friday 11 a.m. to 1 p.m.
Revolutions Lounge
Opens 4:30 p.m. Tuesday to Sunday
Karaoke every Thursday at 8 p.m.

Recreation Center

562-4956
Bldg. 5905 on Doughboy Loop.
Monday through Friday - 1 to 10 p.m.
Saturday and Sunday - noon to 11 p.m.
AT&T Cyber Zone offers computer access for a fee

McGuire Shoppette

723-4705
East Arnold Avenue by the 24-hour gate
Monday to Thursday -- 6:30 a.m. to 9 p.m.
Friday -- 6:30 a.m. to 7 p.m.
Saturday -- 9 a.m. to 10 p.m.
Sunday -- 9 a.m. to 7 p.m.

Outdoor Recreation

562-6667
Bldg. 6045 Doughboy Loop
Equipment for rent includes skis, snowboards, canoes, flat bottom boats, canopies of various sizes, tents, tables, chairs and more.
Monday to Friday 10 a.m. - 5 p.m.
Saturday 4 p.m.

Computer Lab

562-5228
Delaware Ave. & First St.
Tuesday to Friday - 1 p.m. to 9 p.m.
Saturday - Sunday - 1 p.m. to 7 p.m.

McGuire Gas Station

723-4705
East Arnold Avenue by the 24-hour gate
Monday to Friday -- 6:30 a.m. to 7 p.m.
Saturday -- 9 a.m. to 7 p.m.
Sunday -- 9 a.m. to 6 p.m.

Firestone

723-0464
Bldg. 4201 on Texas Ave.
Monday through Friday - 7 a.m. to 7 p.m.
Saturday - 7 a.m. to 5 p.m.

Dining Facilities

Bldgs. 5640 and 5986
Mon - Sun 5:30 to 7:30 a.m.
Mon - Sun 11:30 a.m. to 1:15 p.m.
Dinner Mon - Sun 4:30 to 6:30 p.m.
Bldg. 5985 (FOB)
Breakfast Mon - Sun 5 to 6:30 a.m.
Dinner Mon - Sun 6 to 7:30 p.m.

MILITARY MATTERS

Guard heads west for training

Sgt. Shawn Morris
444th MPAD

An Army unit is only as strong as its most unprepared Soldier; if that one person fails in his or her duties, it could spell disaster for the entire mission.

In an effort to eliminate any such weak links, the 1st Battalion, 114th Infantry of the New Jersey Army National Guard spent the past two weeks practicing squad-level infantry tactics at Fort Indiantown Gap (FTIG), Pa.

More than 200 Soldiers from the 1st/114th and the 250th Forward Support Company participated in Annual Training (AT) at FTIG, learning squad-level skills such as Movement to Contact, Deliberate Attack, Conduct a Presence Patrol, and Enter and Clear a Building. They also shot their weapons at the M203, M16, and reflexive-fire ranges, and took part in an Army Physical Fitness Test (APFT).

The objective of the training, according to Capt. Rich Karcher, Headquarters Company commander, was to educate the younger, lower-ranking and less-experienced Soldiers — those who typically form a squad — by teaching them basic techniques using the “crawl, walk, run” method.

“It’s a refresher,” said Pvt. Christian Pettit, an infantryman participating in his first AT. “We’re learning new stuff, little extra details.”

“It’s getting more in-depth,” added Pvt. Christopher Allen, who explained that he is getting to practice, for the first time in a real-world environment, what he learned in school.

Acting as Observer/Controllers (OCs) for the training at FTIG were the unit’s platoon leaders and platoon sergeants. Though not standard procedure to have a unit OC its own training, it allowed the platoon-level officers and non-commissioned



Sgt. Finnbar McCallion, 444th Mobile Public Affairs Detachment

KEYSTONE TO SUCCESS — Sgt. James Scanlan, squad leader, left, instructs Cpl. Francis Baran on the finer points of map reading during the 1st/114th Infantry's squad-level infantry training at Fort Indiantown Gap, Pa., Aug. 5.

officers (NCOs) to observe and mentor their squad leaders.

“This whole AT is right down to the squad level,” explained Sgt. James Scanlan, a squad leader in the 1st/114th. “I like being at this level.”

“I’ve been doing this for a while,” added Scanlan, who spent 8 years as a Marine infantryman and the past six as a Soldier. “I’d do it every weekend if I could.”

Scanlan and his fellow Soldiers almost didn’t get to do it at all. The 1st/114th was originally set to deploy to New Mexico for duty along the U.S.-Mexico border as part of Operation Jump Start. The original training at

FTIG was cancelled, and the unit underwent Soldier Readiness Processing (SRP) at Joint Forces Headquarters on Fort Dix to prepare them for their mission.

As it turned out, only Bravo Company of the 1st/114th was sent to New Mexico, along with other New Jersey National Guard Soldiers. It then fell upon the remainder of the 1st/114th to quickly reinstate the AT at FTIG.

“The unit’s really done a good job of putting together an AT that’s been turned on and off a few times,” said Karcher.

Although the unit is scheduled to train each year at Fort

Drum, FTIG has been the training area of choice for the past four years. It’s especially appropriate this year, explained Karcher, as the unit is transforming from heavy infantry to light infantry. The net result of that transformation will be the loss of one company and all track vehicles.

“Due to the fact that we’re squad level and we’re going to light, Fort Indiantown Gap suits our needs,” Karcher said. “And it’s so much closer.”

“They will bend over backwards for you here,” he added. “They’re all about training.”



Sgt. 1st Class Hubert Townsend
Small Arms Readiness Group

“And why is it absolutely, positively critical with a pistol that you focus your eye on that front sight?” I asked my M9 class.

“Cuz you told me to, sergeant?” replied some smart alec in his best Forrest Gump drawl.

After my class got done laughing, I had to agree, and then drive on with the aiming lecture.

“But don’t take my word for it,” I continued. “Here is the mathematical proof of WHY you must have perfect sight alignment with a pistol.”

I then pointed to the algebraic formula on my chalkboard. It is an equation that works for any direct-fire weapon, and it will indicate either how much a sight needs to be moved to move a shot group, or also how much sight misalignment will move the strike of the round from its intended path.

Try it for yourself — all the units are in inches. Just multiply the sight radius (SR) of the weapon (that is the distance from the rear to the front sight) times the amount of the miss. Then divide this number by the target distance expressed in yards x 36 (to keep everything in inches). The answer equals either how much the sight needs to be moved, or else how much the front sight was misaligned in the rear sight to make the bullet miss.

Confused yet? Here is the example used in my class, because my shot group out of my M9 was two-inches off-center when I knew I was perfectly aligning my sights during slow fire practice. And I needed to know exactly how much to move my rear sight to move the group into the middle of my targets.

For the M9, the SR is 6 inches, the miss was 2 inches and the target distance was 20 yards. Hence, 6×2 , divided by $20 \times 36 = 1/60$ inches.

Wow! What this means is that if I take a Beretta and shoot at a target only 20 yards away and I misalign the sights by only 1/60 of an inch, then I will miss what I wanted to hit by 2 inches. And we haven’t even taken into account our natural wobble with a pistol and the whole trigger-control issue yet.

Now you might understand why every good pistol shooter is almost always an excellent rifle shooter. That ability to “look for that piece of dust that is on every military front sight” carries over to the rifle, ensuring success with both weapon systems.

Editor’s note: Townsend holds the Distinguished Rifle and Pistol Badge, shoots with the United States Army Reserve international combat team and is a National Rifle Association certified instructor. He welcomes all comments at Hubert.townsend@us.army.mil



David Moore

Fifty states, one nation

Lt. Col. Tony Formica, right, of the Joint Training and Training Development Center (JT2DC), receives the Louisiana State Humanitarian Medal for support during Hurricane Katrina from Col. James Grant, JT2DC commander. The JT2DC was the command and control of New Jersey Army National Guard Soldiers in October 2005.

WDIX Channel 2 24/7 information

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more about the

**Fort Dix
Mayors Program**

Dix sports director to coach at Pan-Am

Ed Mingin
Public Affairs Staff

Army wrestlers are notoriously strong competitors. Their determination and abilities have enabled them to capture many of wrestling's most prestigious titles throughout the years.

Military wrestlers in general do well, and for the upcoming Pan-Am Wrestling Championships, nearly half the U.S. team is comprised of military wrestlers.

This year the Army wrestling team won the nationals. The Army teams are always good. The military plays a major role in wrestling in the U.S. There are, like, 24 military wrestlers ranked in the top six of their weight class," said Floyd Winter, Fort Dix Youth Sports and Fitness director.

"The Army traditionally has one of the best wrestling teams in the nation. Wrestling in the military 'fits the mission.' Because of its nature, the training and the conditioning, it goes along with the military training," he said.

Winter will be taking a short break from his duties at Youth

Sports when he travels to Florida for the FILA Pan American Wrestling Championships, held Aug. 19-20.

"They asked me to be the U.S. wrestling coach at the Pan-Am games this year," said Winter.

"Then I'll be coaching at the FILA World Sombo Championships in Turkey."

A longtime wrestler, Winter got his start in the sport like most others, wrestling in school. Later he wrestled for the Army, achieving a great amount of success, winning numerous gold medals, and several National and World Championships. He then went on to coach for the Army wrestling team.

"I wrestled in high school and college. I mostly did it when I was in the Army. I wrestled for the Army for eight years and coached for them for nine years," said Winter, who retired as an Army master sergeant after serving 22 years.

Winter's passion for the sport brought him to its pinnacle when he became an Olympic wrestling coach during the eighties.

"I coached two Olympics, '84

and '88," said Winter.

During those two Olympics, Army wrestlers were again at the top of their class. Under Winter's guidance, two wrestlers won medals (gold and silver) and another placed seventh.

With more than four decades in wrestling, Winter continues to share his knowledge and love of the sport.

"I've given clinics to over 300 high schools and colleges. When I was the Army coach, I went to Europe to give clinics over there. I officiate wrestling matches in the state and I still do clinics," he said.

There is a chance that wrestling will come to Fort Dix.

"There is a possibility that we'll have the training camp prior to the World Championships here at Fort Dix," explained Winter.

If the training does come to Fort Dix, Winter plans to get the wrestlers involved with the community.

"We would do some clinics and get the kids to come out and meet the wrestlers," he said.

More details about the possibility of the training being held at Fort Dix will be known in the next few weeks.



courtesy photo

COUNTDOWN TO VICTORY -- Floyd Winter counts off the final seconds as one of his wrestlers wins a medal during the 1984 Olympics.

Outta there



Ed Mingin

PSI Rogie Wright, of NRDP tags out Staff Sgt. Edward Alexander as NRDP went on to victory. NRDP and MWR were both undefeated as they were set to meet in last night's game. The winner will go on to the championship game, which will be held Tuesday. The loser will go into the play-back bracket in the double-elimination tournament.

Sports Shorts

Bowling

The "Tuesday Nite Keglers," a mixed bowling league is forming for the 2006/2007 winter season. Sign up at the Fort Dix Bowling Center. Both teams and individual bowlers are needed. League starts Sept. 12. Call Willie Williams at 893-8430 for more information. For more info visit the

track's website at www.newegyptspeedway.net.

Commander's Cup

The next Commander's Cup is scheduled for August 23. Anyone wishing to participate should register a week in advance. Call the Golf Course at 562-5443 for more information.

Fall Sports

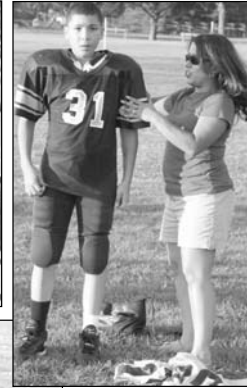
Though summer is far from over, football season looms on the horizon. The Griffith Field House is signing up players for the flag football league.

If there is enough interest, there will be a fall softball league.

Anyone interested in either flag football or fall softball should call 562-4888.



Chargers make final adjustments for new season



photos by Ed Mingin

FINAL PREPARATIONS -- The Fort Dix Chargers are busy preparing for the upcoming season. Practice has been going on for a couple of weeks. Players and coaches are putting the finishing touches on the pre-season training camp, and are nearly ready for their first game.

Devante Wright gets some pointers from coach Marcus Hawkins, far left, after running a play, bottom left. Carlton Wright walks back from running a drill during practice, top left.

Finishing touches are also being put on uniforms, as Anthony Shoffner gets fitted for a uniform by Paulette Savage.